

COMMON VIBRATIONAL SIGNALS



- Buzzing, humming in ears
- Unusual tingling or energy sensations, hair standing on end, goose-bumps
- Feeling that someone has touched you, or nudged you, hugged you
- Air pressure change, or tightness around forehead
- Internal rocking or movement of any kind
- Smells, flower aromas
- Hearing your name called out
- Headaches (caused by too much energy flowing through the crown chakra)
- Sensation of cobwebs
- Colored mists
- Air temperature changes – coolness, warmth
- Warmth filling your body
- Seeing flashes of light, or shimmering sparkles, orbs of light (usually peripheral vision)